



# Colville Reservation COVID-19 Response

## Daily Update

Saturday, March 28, 2020

The Okanogan Emergency Management has reported the county now has three reported cases of COVID-19 and Northeast Tri County Health District reported Ferry County has one reported cases of COVID-19.

In total, Okanogan County has received 92 negative test results, three positive results and there are currently 48 test results pending.

In their daily update yesterday evening, Okanogan Emergency Management wrote, "The three cases are from two different communities in Okanogan County. These results lend support to our belief that COVID-19 is present throughout Okanogan County and all residents should remain vigilant about staying home and social distancing."

Ferry County has received 37 negative results and one positive result. The number of pending results in the county are unavailable.

The Colville Tribal Incident Management Team continues to work prevent the spread of COVID-19 on the Colville Indian Reservation alongside local partners, medical providers, local business, community members and others. The incident management team further continues to work to assist in the continuation of essential services on the reservation.

In conjunction with Colville Tribal Area Agency of Aging, the tribal incident management team has assisted in delivering nearly 300 meals daily to elders across the reservation.

The tribal incident management team asks all community members to help prevent the spread of COVID-19 and follow resolutions.

All gatherings are prohibited, including purposes of entertainment, recreation, food or beverage service, or similar non-essential activities.

All non-essential traffic is prohibited with the exception of travel for Travel related to healthcare, postal services, food services, meal pickup or groceries and other vital business - including pre-approved travel by outside agencies.

*For emergency, please call 9-1-1.*

**Colville Tribal EOC**  
**509-634-7350**

**Washington Department**  
**of Health Hotline**  
**1-800-525-0127**

### ***What you need to know to protect yourself***

*Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.*

### **Know How it Spreads**

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

### **Take Steps to Protect Yourself**

#### **Clean your hands often**

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### **Avoid close contact**

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

### **Take Steps to Protect Others**

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.