



Colville Reservation COVID-19 Response

Daily Update

Monday, March 30

Okanogan County reported COVID-19 cases

3 positive test
92 negative tests
48 pending tests

Ferry County reported COVID-19 cases

1 positive test
59 negative tests
Number of pending tests unavailable

Along with providing community information on boards across the reservation, on the Colville Tribes website and on social media, the Colville Tribal Incident Management team continues to work with medical providers to ensure access to important personal protective equipment and supplies.

The team has also established a phone line at their emergency operations center for community members seeking assistance to essential services continued by the tribe. That phone is manned 24-hours daily. The EOC can be reached 509-634-7350.

To help prevent the spread of COVID-19 on the Colville Reservation, we all need to do our part.

Stay home, stay healthy. If you have to go out, follow these recommendations:

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place. If soap and water are not readily available, use a hand sanitizer. Cover all surfaces of your hands.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact with people who are sick.

Put distance between yourself and other people. This is especially important for people who are at higher risk of getting very sick.

For emergency, please call 9-1-1.

Colville Tribal EOC
509-634-7350

**Washington Department
of Health Hotline**
1-800-525-0127

What you need to know to protect yourself

Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.

Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Take Steps to Protect Yourself

Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

- Avoid close contact with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Take Steps to Protect Others

- Stay home if you are sick, except to get medical care. Learn what to do if you are sick.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.