



# Colville Tribal Emergency Operations Center

**P: 509-634-7350**

**Friday, July 4, 2020**

### Colville Service Units

Tested 676  
Positive 11  
Negative 676  
Pending 31

### LRCHC

Tested 215  
Positive 0  
Negative 211  
Pending 4

## Please remain safe on this Fourth of July

The Colville Tribal Emergency Operations Center is asking all community members to stay safe on this Fourth of July.

Please maintain social distancing and other safety protocols to guard against COVID-19. Use these simple steps to keep yourself safe:

- Wash your hands often
- Wear a mask in public
- Avoid close contact with others
- Clean and disinfect often
- Monitor your health daily and be alert for symptoms such as fever, cough, shortness of breath and other symptoms.
- Take your temperature.

### Know the symptoms of COVID-19

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

***For emergencies, call 9-1-1.***

***Washington Department of Health Hotline  
1-800-525-0127***

***Find more information online:***

***www.colvilletribes.com/novel-coronavirus***

***Facebook: www.facebook.com/ColvilleTribune***

## Testing sites on the Colville Reservation

### Inchelium

- Lake Roosevelt Community Health Center - Inchelium Community Health Center Phone: (509) 722-7006

### Keller

- Lake Roosevelt Community Health Center - San Poil Valley Community Health Center Phone: (509) 634-7300

### Nespelem

- Colville Service Unit - Nespelem Clinic Phone: (509) 634-2913 or (509) 634-2900

### Omak

- Colville Service Unit - Omak Clinic Phone: (509) 422-7416

## Testing sites off the Colville Reservation

### Omak

- Mid Valley Hospital Phone: 509-826-1760
- Confluence Health - Omak Clinic Phone: (509) 826-1800
- Family Health Center - Omak Phone: (509) 422-5700

### Brewster

- Three Rivers Hospital Phone: (509) 689-2517
- Family Health Center - Brewster Phone: (509) 660-2129

### Tonasket

- North Valley Hospital Phone: (509) 486-2151

### Twisp/Winthrop

- Confluence Health - Methow Phone: (509) 996-8180

- Family Health Center - Twisp (509)997-2011
- Grand Coulee Coulee Medical Center Phone: (509) 633-1753

### Colville

- Providence Health Service Phone: (509) 685-2011

### Chewelah

- Providence Health Service Phone: (509) 685-2011

### Republic

- Ferry County Health Phone: 509-422-7416

***\*\*Other private providers and health clinics - call ahead and find out if this is available and get instructions from the provider.***