



# Colville Tribal Emergency Operations Center

P: 509-634-7350

Thursday, July 30, 2020

## Current cases/in isolation on Colville Reservation 36

<b>Omak</b>	<b>22</b>	<b>Keller</b>	<b>0</b>
<b>Nespelem</b>	<b>11</b>	<b>Inchelium</b>	<b>3</b>

## Current quarantine list/awaiting tests 56

Numbers current as of July 29 at 5:30 p.m.

### Consider keeping a journal to track contacts during pandemic

The Colville Tribal Emergency Operations Center, Lake Roosevelt Community Health Centers and Colville Service Unit have encouraged community members to keep a simple journal or log during the COVID-19 pandemic. \

With 36 active cases of COVID-19 on the Colville Reservation, we know coronavirus is circulating in our community.

While we continue to work to provide continued safety for our community members and prevent further spread of COVID-19 on the Colville Reservation, we want to encourage community members to be prepared.

If diagnosed positive with a case of COVID-19 – or if a loved one is diagnosed positive – public health representatives ask patients to try to remember every person the patient has been in contact with and where the patient has been over the previous 14 days. This process, which is called “the investigation process,” allows tribal health officials to contact others who may have been exposed to the virus.

A simple journal could help save lives and further spread of COVID-19.

Keep a journal in a notebook, on your wall calendar, on your phone’s calendar or notes application.

Write down where you have been, who you have been in contact with and how much contact you have had.

For example:

3/25

Went to Trading Post gas pumps, 1 p.m.

Talked with John Doe and John Doe, Jr.

Went to Nespelem Post Office, 1:30 p.m.

Didn’t talk with anyone, Grabbed mail from box

3/26

Meals delivered by Jane Doe with Senior Meals

Left meals outside, No contact.

*For emergencies, call 9-1-1.*

**Washington Department of Health Hotline  
1-800-525-0127**

**Find more information online:  
www.colvilletribes.com/novel-coronavirus**

### Testing sites on the Colville Reservation

- Inchelium** Phone: (509) 634-7300
- Lake Roosevelt Community Health Center - Inchelium Community Health Center Phone: (509) 722-7006
- Keller**
- Lake Roosevelt Community Health Center - San Poil Valley Community Health Center
- Nespelem**
- Colville Service Unit - Nespelem Clinic Phone: (509) 634-2913 or (509) 634-2900
- Omak**
- Colville Service Unit - Omak Clinic Phone: (509) 422-7416

### Testing sites off the Colville Reservation

- Omak**
  - Mid Valley Hospital Phone: 509-826-1760
  - Confluence Health - Omak Clinic Phone: (509) 826-1800
  - Family Health Center - Omak Phone: (509) 422-5700
  - Brewster**
  - Three Rivers Hospital Phone: (509) 689-2517
  - Family Health Center - Brewster Phone: (509) 660-2129
  - Tonasket**
  - North Valley Hospital Phone: (509) 486-2151
  - Twisp/Winthrop**
  - Confluence Health - Methow Phone: (509) 996-8180
  - Family Health Center - Twisp (509)997-2011
  - Grand Coulee**
  - Coulee Medical Center Phone: (509) 633-1753
  - Colville**
  - Providence Health Service Phone: (509) 685-2011
  - Chewelah**
  - Providence Health Service Phone: (509) 685-2011
  - Republic**
  - Ferry County Health Phone: 509-422-7416
- \*\*Other private providers and health clinics - call ahead and find out if this is available and get instructions from the provider.*